

## **Blue Moon Salt**

Blue Moon salt is prepared during the Blue moon which adds extra power to the salts properties. This can be further enhanced if it is also a Super Moon. The salt is prepared in a special ritual and then left in the light of the moon to absorb the energy of this very special moon.

Although this type of salt is prepared differently to traditional altar or ritual salt, it can be used in the same way and does not need to be kept for special occasions, unless you want to of course!

Everyone will have their own uses for the salt they prepare or purchase already prepared. Personally, I use it on my altar, I also use it to create certain potions and magical waters for use during my spells. I also add it to herbs for use as offerings, in spell bags, essential oils can also be added.

It can be used to create your sacred circle, though in a modern home this is not always practical!

Here is some further information which may be useful, please remember, as always that this information is a guide only, you must do what feels right for you.

## **Altar and Ritual Salt**

Salt's Magical Properties: Cleansing, purification, protection

Ruling planet – Earth

Element – Earth

Gender – Feminine

Salt has been used for magical purposes for millennia, that of which mostly for protection, cleansing and healing.

There are lots of uses for salt in magic, and here are just a few suggestions:

## **Altar & Ritual Magic**

Salt represents earth, so placing salt on your altar brings the element of earth to your magical workings. If you follow a layout where items are used to represent the elements, then a bowl of salt can be placed in the north corner to represent Earth. This is a good layout to follow if you are a beginner to the craft and you can adapt it as you gain experience if you wish to. Personally, I place items where I feel they should be, I close my eyes and with a mental picture of my altar and the item I am placing, I am usually drawn to the place it should go.

By mixing salt and water, you can consecrate your ritual and sacred space before magical workings.

Walk clockwise around your sacred space to begin the ritual or magical working and sprinkle the water with your fingertips on the floor.

Infusing salt into spell work can give an added boost and emphasis.

Use salt with herbs and other ingredients for spell bottles to carry with you, add to your altar or in your home, or even bury them near your entrances and/or on your property.

### **Protecting Your Home**

Many spell books write to place salt around your home boundaries, your garden and in corners of your home. If you have pets that like to eat everything on the floor, then putting salt around your home might not be a good idea. A simple solution to this is to place salt in a small glass. Place it near the front door, back door, an adjoining wall to a troublesome neighbour or a windowsill. Placing the glass on a shelf can keep it out of reach from curious pets. Be sure to secure it safely to prevent from being knocked over if you have cats which like to climb!

The salt will work its magic to absorb negativity and remember to replace the salt every moon cycle (or around that time) and dispose of it away from your property.

This can be done by throwing the remaining salt into running water or back to the earth, but away from your home.

### **Salt for Purification**

With salt's extreme ability to draw away remnants of psychic energy, including "ghost manifestations" of many different kinds, salt has always been used for psychic clearing and for purification.

Some magical objects and crystals are cleansed by immersing them in salt water;

Bowls of salt may be placed into a room to absorb negative energy or psychic energy disturbances;

Throwing salt is generally regarded as a device to clear the aura of a person or an environment of leftover psychic energy.

A box containing salt can be used to purify anything that is placed upon it;

Crystals placed on a bed of salt or on a salt box require less, or no clearing at all.

### **Salt, Water & Fire Spells**

As salt absorbs psychic energy, it can be used to transfer or transmute a wish or spell to the higher powers by first making the spell, then throwing the salt into the fire where it burns up and in doing so, releases the psychic charge into the higher dimensions.

The most basic form of this type of spell is to hold a little salt in the hand, make a wish, and then throw the salt into the fire.

In the same vein, salt can be thrown into water - a well, a river and into the sea and can be used to carry wishes, or take away burdens, clear attachments from the aura. It is an immensely flexible system with a hundred and one uses.

### **A Simple Example of a Salt Spell - Spiritual House Clearing**

This simple magic ritual demonstrates some of the main points of using salt. It is easy to do for anyone and can make a big difference to a home and its occupants.

1. Find a beautiful glass bowl of any size. In psychic workings, the physical size of an object really does not matter - a huge bowl won't do any more than a small one.
2. Fill the glass bowl with salt
3. Place the bowl with the salt near the centre of the home. In some houses, that is in the kitchen; in other homes, it can be the sitting room, or perhaps a den where everyone gathers. You know where the heart of your home is.
4. Leave it there for three days.
5. On the third day, take the bowl and the salt somewhere where you can release both the physical salt as well as the psychic attachments it has absorbed. You can throw this salt into a river, or a fire, or simply into a sink with the tap running. As you empty the bowl (you can do this a handful at a time), tell the salt about your worries and troubles and your fears, your negative thoughts. It will take those as well and while you're there.
6. Re-fill the bowl and replace it near the heart of the home.
7. From now on, empty the salt bowl once a week to keep your home free of harmful energy under normal circumstances; or more often if there is extra stress, as you feel is right.

You will notice a distinct improvement in the atmosphere of your home within a few days.

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